

MARYLAND STATE DEPARTMENT OF HEALTH AND MENTAL HYGIENE

HEALTH STATEMENT OF ABILITY FOR
SEDENTARY AND LIGHT-DUTY WORK

I have read and/ or have had explained to me the responsibilities, functions and work environment of a _____, the job which has been offered to me, and attest that, to the best of my knowledge. I am physically and mentally capable of the safe and effective performance of all job-related functions of this classification.

Signature of Employee

Date

In principle, State employees should be responsible for and required to have and maintain a state of health and fitness that allows them to carry out their required job-related tasks without detriment to the effectiveness of their employing agency or themselves.

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